



INSTITUTO CUBANO DE AMISTAD CON LOS PUEBLOS  
Calle 17 e/ H e I, Vedado, Habana, Cuba  
email: [euronorte@icap.cu](mailto:euronorte@icap.cu)  
web: [www.icap.cu](http://www.icap.cu)



AMISTUR CUBA S.A.  
turismo especializado  
AMISTUR CUBA SA

Calle 17 e/ H e I Vedado, Habana, Cuba  
email: [amiventas@amistur.cu](mailto:amiventas@amistur.cu)  
web: [www.amistur.cu](http://www.amistur.cu)

Dear friends of Cuba:

The Cuban Institute of Friendship with the Peoples (ICAP) and its Travel Agency Amistur Cuba S.A. have the pleasure to invite you to participate in the 64<sup>th</sup> Contingent of the Nordic Brigade of Voluntary Work and Solidarity with Cuba, which will take place from December 14<sup>th</sup>, 2022 until January 2<sup>nd</sup>, 2023, devoted to commemorate 170 anniversary of the birth of Cuban National Hero José Martí and 64 of the triumph of the Cuban Revolution.

The main objective of this program is to share with friends one more anniversary of the triumph of the Cuban Revolution, providing them a greater knowledge of the reality our people live nowadays and the social achievements gotten. The program of activities is aimed to serve as a bridge of friendship to all those interested in having a more objective vision of Cuba, in contrast to the one spread by the campaigns organized by the mass media, with the purpose of invalidating the results that have been achieved.

The program includes visits to places of historical, economic, cultural and social interest, lectures on current national issues and meetings with organizations of the Cuban society and the people in general, among other activities. It also includes recreational activities, screening of Cuban films, dance classes, productive agricultural work and other solidarity events. This will offer you the possibility of getting closer to the idiosyncrasy of our people and to understand even more the reasons that sustain and maintain our revolutionary project.

Participants will be able to witness a Cuba that, after two years of facing the pandemic and intensified economic, commercial and financial blockade, has managed to be the first country in the Latin American region to immunize its population against Covid-19 with its own vaccines. During your stay you will be able to enjoy a healthy and safe socio-political tourism, learn about our history and culture, security in our streets, natural landscapes and ecological destinations. All of these, along with the human, cheerful and friendly warmth of the Cuban people, will make your experience an unforgettable one.

The program will take place in the provinces Artemisa, Havana, Mayabeque and Villa Clara; 20 nights of staying, 16 of them in the International Camp "Julio Antonio Mella" (CIJAM), located in the Caimito municipality, 45 km away from Havana and 4 nights in Villa Clara, well known for its rich history and wide cultural movement.

The whole stay will cost **695.00 USD** per brigade member, whenever total number is more than 40 people. If the total number of brigade members is in the range of 20 to 40 participants, the cost of the program would increase and would be **865.00 USD**. If the minimum number of 20 participants is not reached, the cost would increase even more and the program would not be considered as a brigade. In this last case, it would be up to ICAP to decide if the program should be carried out. Briefly, the cost to be paid per brigade member will depend on the total number of participants, which we will inform after November 6<sup>th</sup>, 2022 which is the deadline for inscriptions.

<b>Number of participants</b>	<b>Cost of the program in USD</b>
More than 40	695.00
20 - 40	865.00

In both cases, the cost includes lodging (in shared rooms for up to 4 people at CIJAM), double or triple rooms in Santa Clara, three meals daily, transfer in–out from the airport and transportation to all the activities planned in the program.

The payment method is through bank transference or online-payment gateway. It cannot be in USD due to the restrictions for the use of such a currency imposed by the USA blockade to Cuba. However, prices are estimated in that currency because generally exchange rate fluctuates less than in any other currencies.

In spite of the fact that it is not mandatory the use of face-masks at present, it is recommended to bring them to be used in crowded or poorly ventilated places. It is an essential condition to travel with medical insurance that has coverage in Cuba. Brigade members who arrive at CIJAM before December 13<sup>th</sup>, 2022, must pay an additional supplement of 16.00 USD per night, for accommodation and meals.

Agricultural work will be carried out in areas surrounding the Camp, created in 1972, which has adequate conditions to satisfy collective life as well as needs of people who visit us from different parts of the world. With the assistance, the brigade member agrees to comply with the indicated program and to properly observe the rules of conduct, discipline and social coexistence, as well as follow hygienic-sanitary measures.

Registration will be open until November 6<sup>th</sup>, 2022. To confirm your participation, we request that you send to the emails: [euronorte@icap.cu](mailto:euronorte@icap.cu) and [euroventas@amistur.cu](mailto:euroventas@amistur.cu) the following information: name and surnames, passport number, age, date of birth, profession, languages spoken, country of origin, organization you represent, date, time and number of the arrival flight to Cuba as well as date, time and departure flight. Participants who are in Havana before the start of the brigade will be guaranteed transportation to CIJAM, which will leave from ICAP headquarters on Tuesday, December 13<sup>th</sup>, 2022 at 5:00 p.m.

We would like to have your presence and share with you what has usually been an unforgettable experience.

We wait for you!

Fraternally,

Elizabeth Ribalta Rubiera  
Director of the brigade  
Cuban Institute for Friendship with the Peoples



**Program for the 6<sup>th</sup> Contingent of the Nordic Brigade of Voluntary Work and Solidarity with Cuba**

From December 14<sup>th</sup>, 2022 until January 2<sup>nd</sup>, 2023

**Monday 12<sup>th</sup> and Tuesday 13<sup>th</sup>**

Arrival of the brigade members

**Tuesday, December 13<sup>th</sup>, 2022**

17:00 hrs Bus departure from ICAP headquarters for the brigade members who arrived in Cuba earlier. Accommodation and dinner  
Pick up at the airport of those arriving during the day

**Wednesday, December 14<sup>th</sup>, 2022**

07:30 hrs Stand up and breakfast  
09:30 hrs Floral wreath at "Julio A. Mella" monument.  
10:00 hrs Official welcome activity.  
- Planting of a tree of friendship in the "Bosque Martiano" at CIJAM.  
- Inauguration of the photographic exhibition: "ICAP: +60 years sowing friendship"  
11:00 hrs General information meeting.  
12:00 hrs Lunch.  
14:00 hrs Lecture: "Democracy and Human Rights in Cuba: Popular participation and updating of the legislative process in the country, including the new Family Code.  
16:30 hrs First meeting of the Coordinating Committee for country heads.  
18:30 hrs Dinner.  
20:00 hrs Welcome cultural activity. Cuban night.

**Thursday, December 15<sup>th</sup>, 2022**

06:00 hrs Stand up and breakfast.  
06:45 hrs Morning news session  
07:00 hrs Departure to productive work  
11:00 hrs Return to camp  
12:00 hrs Lunch  
14:00 hrs Lecture: The scientific development of the Cuban Revolution at the service of the people. Cuban strategy facing Covid-19.  
17.00 hrs Meeting to explain the program in Villa Clara.  
18.30 hrs Dinner and free night.

**Friday, December 16<sup>th</sup>, 2022**

06:30 hrs Stand up and breakfast.  
09:00 hrs Visit to the Agrarian University of Havana. Tour and exchange about the agro-industrial development of the Cuban Revolution.  
11.30 hrs Tour at Zenea farm (agricultural project dedicated to dairy production with the support of the Cuban Association of Animal Production).  
13.30 hrs Lunch at the Friendship House  
15.00 hrs Visit to Fidel Castro Center  
17.30 hrs Return to camp.  
19.00 hrs Dinner and free night.

### **Saturday, December 17<sup>th</sup>, 2022**

- 06:00 hrs Stand up and breakfast.
- 07:30 hrs Departure to Villa Clara.
- 11:00 hrs Arrival and welcome at the Commander Ernesto Guevara Sculpture Complex and visit to the Memorial Museum.
- 14:00 hrs Lunch at the Villa Clara Friendship House.
- 15:00 hrs Visit to the monument dedicated to the action against the Armored Train and visit to "Loma del Capiro"
- 18:00 hrs Check in at the lodging place.
- 20:00 hrs Dinner and free night.

### **Sunday, December 18<sup>th</sup>, 2022**

- 07:00 hrs Stand up and breakfast.
- 09:00 hrs Excursion to the mountain with a visit to the Hotel "Hanabanilla" and lunch in "Rio Negro".
- 16.00 hrs Return to Santa Clara
- 19.00 hrs Dinner and free night.

### **Monday, December 19<sup>th</sup>, 2022**

- 06.00 hrs Stand up and breakfast.
- 09:00 hrs Visit to a polyclinic to learn about primary health care and the work to face Covid 19 in the province.
- 12:30 hrs Lunch
- 14.30 hrs Exchange with Cuban and foreign students who are studying in the province.
- 17.00 hrs Visit to a neighborhood in transformation. Meeting with leaders of the Committees for the Defense of the Revolution and the local population.
- 19:30 hrs Dinner and free night.

### **Tuesday, December 20<sup>th</sup>, 2022**

- 07.00 hrs Stand up and breakfast.
- 09:00 hrs Visit to the National Industry Producer of Domestic Utensils (INPUD, for its acronym in Spanish) founded by Che Guevara. Exchange with its directors and explanation about the effects of the blockade on the center.
- 12.00 hrs Lunch
- 13.30 hrs Visit to the electric bike factory "Minerva". Exchange with its directors and explanation about the functioning of the socialist state company.
- 16.00 hrs Free time in the city.
- 19.00 hrs Dinner.
- 20:30 hrs. Visit to the cultural project "El Mejunje". Exchange with its director Ramón Silverio.

### **Wednesday, December 21<sup>st</sup>, 2022**

- 07:00 hrs Stand up and breakfast. Check out.
- 08:30 hrs Departure to Havana.
- 13:00 hrs Lunch at a local restaurant
- 15.00 hrs Visit to the José Martí Memorial
- 18.00 hrs Transfer to camp. Accommodation.
- 19:30 hrs Dinner and free night.

### **Thursday, December 22<sup>nd</sup>, 2022**

- 06:30 hrs Stand up and breakfast.
- 09:00 hrs Visit to the Junior High School Ernesto Che Guevara (Ceiba 1) in Caimito. Participation in the activities for the Day of the Educator.

11:30 hrs Return to Camp.  
12:00 hrs Lunch  
14.30 hrs Exchange about the foreign policy of the Cuban Revolution, the tightening of the blockade and the current state of relations with the United States and the European Union.  
17.00 hrs Meeting of the Coordinating Committee for country heads  
18.30 hrs Dinner.  
20:00 hrs Dance classes.

#### **Friday, December 23<sup>rd</sup>, 2022**

06:00 hrs Stand up and breakfast.  
06:45 hrs Morning news session  
07:00 hrs Departure to productive work  
11:00 hrs Return to camp.  
12:00 hrs Lunch.  
14.30 hrs Exchange about gender equality and respect for sexual diversity in Cuba by specialists from the National Center for Sexual Education and the Cuban Women Federation.  
18:30 hrs Dinner  
20:00 hrs Dance classes.

#### **Saturday, December 24<sup>th</sup>, 2022**

06:00 hrs Stand up and breakfast.  
09:00 hrs Visit to Sierra del Rosario Ecological Station. Ecovida-Center for Environmental Research and Services in Las Terrazas.  
Enjoyment of the place.  
Lunch at a local restaurant  
16.00 hrs Return to camp  
19.00 hrs Dinner and free night.

#### **Sunday, December 25<sup>th</sup>, 2022**

06:00 hrs Stand up and breakfast.  
10:00 hrs Workshop: Exchange of experiences between young and veteran ICAP representatives and members of the brigade about the work of ICAP and the strengthening of solidarity with Cuba.  
12:00 hrs Lunch.  
Preparation of the European night  
18:00 hrs Dinner. European night

#### **Monday, December 26<sup>th</sup>, 2022**

06:00 hrs Stand up and breakfast.  
06:30 hrs Morning news session  
07:00 hrs Agricultural voluntary work  
12:00 hrs Lunch.  
14:00 hrs Exchange with the National Association of Economists and Accountants of Cuba about the updating of the Cuban economic model and the Ordering Task after two years of its implementation.  
18:30 hrs Dinner  
20.00 hrs Screening of the documentary "The Dictatorship of the Algorithm".

#### **Tuesday, December 27<sup>th</sup>, 2022**

06:00 hrs Stand up and breakfast.  
06.30 hrs Morning news session

07:00 hrs Voluntary work  
12:00 hrs Lunch  
14:00 hrs Visit to the Memorial to the Martyrs of Artemisa. Exchange with local authorities about the development of the province.  
At the end, free time in Artemisa  
18:00 hrs Return to Camp.  
19:00 hrs Dinner and free night.

### **Wednesday, December 28<sup>th</sup>, 2022**

06:00 hrs Stand up and breakfast.  
07:00 hrs Voluntary work at the camp  
11:00 hrs Return to Camp.  
12:00 hrs Lunch  
14:00 hrs Presentation of a community project with children.  
17:00 hrs Last meeting of the Coordinating Committee for country heads  
18.30 hrs Dinner  
20.00 hrs Screening of a Cuban film

### **Thursday, December 29<sup>th</sup>, 2022**

06:00 hrs Stand up and breakfast.  
08:00 hrs Departure to Havana.  
10:00 hrs Visit to the Denouncing Memorial  
Later, free time in the city  
17.00 hrs Return to Camp  
19.00 hrs Dinner and free night

### **Friday, December 30<sup>th</sup>, 2022**

06:00 hrs Stand up and breakfast  
06:45 hrs Morning news session  
07:00 hrs Voluntary work at the camp  
11:15 hrs Meeting to evaluate the results of the productive activity.  
12:30 hrs Lunch  
14.00 hrs Closing activity of the brigade.  
15:00 hrs Cultural activity: "60 reasons and more to defend". Exchange with local artists  
19.00 hrs Dinner and free night.

### **Saturday, December 31<sup>st</sup>, 2022**

8:00 hrs Breakfast  
9.00 hrs Participation in the Friendship Race with camp workers and the "Cruz del Sur" Brigade.  
After the event, music, table games, casino wheels, etc.  
13:00 hrs Lunch  
Free afternoon  
20:00 hrs Dinner and recreational activity to celebrate the 64<sup>th</sup> anniversary of the triumph of the Revolution and the new year with the members of the "Cruz del Sur" Brigade.

### **Sunday, January 1<sup>st</sup>, 2022**

08:00 hrs Breakfast. Free morning  
12:00 hrs Lunch  
13:00 hrs Departure to Havana.  
17:00 hrs Attendance at the Gala of the National Ballet of Cuba dedicated to the 64<sup>th</sup> anniversary of the triumph of the Revolution.  
20:00 hrs Return to Camp. Dinner

**Monday, January 2<sup>nd</sup>, 2022**

07:00 Breakfast.

10:00 Transfer to Havana of the brigade members who will continue their stay in Cuba.

Afternoon: Transfer to the airport of the brigade members who return to their countries of origin